

Sexual Communication

DVD TRACK LISTINGS

**A Man's Guide To Understanding And
Using The Secret Language Of Attraction**

Disc 1 Tracks

MENU 1

Introduction
History
Elusive Obvious
Attraction
Sexual Theory
Courtship
Four Steps
Concepts

MENU 2

Wusses
Masculine Traits
Women and Testing
Passing Tests
Rules of Thumb
Attitudes
Double Your Dating
Q&A

Disc 2 Tracks

MENU 1

Failure
Sparking & Building
Emotions
Sexual Tension
Chemistry
Flirting
Practicing
Ben

MENU 2

Q & A
Five Ways
Cocky & Funny
Balance
Examples
Paradox
Homework
An Experiment

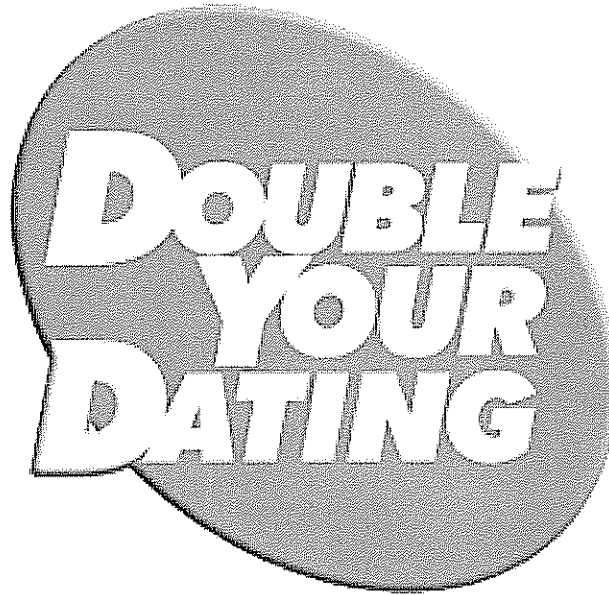
Disc 3 Tracks

MENU 1

Get The Message
Frequency
Tyler
Autopilot
Very Important
Girl Humor
Teasing Girls
Don't Forget

MENU 2

Q & A
Getting Physical
Eye Contact
Voice Tone
Men & Risks
You Don't Have To
Anticipation
Confidence



Sexual Communication

Program Workbook

DVD Video Series

David DeAngelo

©2005, All Rights Reserved.

TABLE OF CONTENTS

Disc 1	6
Section 1: History, Theory, Background	6
Some Men Are Amazingly Successful With Women	6
They're Masters Of "Sexual Communication"	7
The Elusive Obvious	8
Attraction Vs. Affection	9
Sexual Theory, Biology, And Evolution	9
Instinctive Courtship	10
The 4-Step Process Of Sexual Communication	11
Exercise: The Power Of Belief	11
Section 2: Concepts And Rules	12
How Women Treat Wusses	13
Why Does This Happen?	13
Back To The Stages Of Sexual Communication	14
Masculine Qualities	14
Qualities Of The Sexually Attractive Man	15
Women And Testing	15
The Fascinating Why	16
Passing Women's Tests	17
Rules Of Thumb	18
Attitudes	19
Strategies	19
Double Your Dating Techniques	20
More Techniques	20
Masculinity Exercises	21
 Disc 2	 21
Section 3: Sparking And Building	21
It's All About Emotions	22
A Quick Review To Set This Up	23
Sexual Tension	23
You Must Spark Chemistry First	24
Flirting	24
Flirt From The Very Start	26
Flirting Example	26
Practicing	27
Non-Verbal Flirting	28
Five Ways To Spark The Chemistry By Flirting	28

TABLE OF CONTENTS

Guest Speaker: Ben	29
Cocky And Funny	30
Once Again: ATTRACTION ISN'T A CHOICE	30
It's Cocky BALANCED With Funny	31
Why Does C&F Attract Women?	31
Low-Risk Example	32
Don't Back Down	32
Cocky And Funny Examples	33
More Cocky & Funny Ideas To Build Sexual Tension	34
Continuing The Conversation	35
Other Ideas For First Conversation	35
Here's A Paradox	36
Exercises	37
Guest Speaker: Patty	38

Disc 339



Guest Speaker: Patty	38
Guest Speaker: Tyler	39
Section 4: Getting Physical	40
Body Language	40
Eye Contact	41
Voice Tone	41
Dashes Of Romantic Spice	42
Men Take The Risks	42
But YOU Don't Have To	43
Anticipation	43
Two Steps Forward, One Step Back	44
Men Usually Create All The Resistance Without Realizing It	45
Confidence, Certainty, Knowing What Happens	46
Sample Physical Progression	46
Resistance & PERSISTENCE! No, No, No...YES!	48
Summary And Wrap Up	49
Notes	50

Contact Information52

Seminar Slides





Disc One

Seminar Notes



SECTION 1: History, Theory, Background

- "Sexual Communication" – Using your words, voice tone, body language to trigger a woman's "Attraction Mechanism"
- You don't have to be tall, rich or handsome... as long as you know the communication secrets that we're about to discuss

Some Men Are Amazingly Successful With Women

- Here are a few very interesting examples from some of my various friends who are highly successful with women:
- Robert prefers beautiful blonde women... when we run into one while we're out, he holds his head high and his drink straight up in front of him and just keeps sipping from it, almost arrogantly.
- Chris can walk up to any stunningly beautiful girl and say "Heyyyyy" in a totally comfortable way, and in most cases women respond to him within minutes with teasing and flirting—everywhere he goes, he's always got a date.
- Greg hooks up with a woman every time he goes out, and has a specific behavior he uses: once he meets a girl he likes, soon after they start talking he confidently leads her from one part of the club to another, e.g. from the bar to the dance-floor. He doesn't ask, he just leads.
- Anthony was at a club with his super-attractive, super-personality girlfriend and she wandered around while we talked. Every few minutes she'd walk back to our table and put her arms around him or kiss him, but no matter what she did he wouldn't reorient his upper body towards her. He might turn his head to kiss her, but otherwise he'd allow HER to meet HIS position.
- When Eric reaches sexual tension in conversation or the woman shows some sign meaning "I can't believe you just said that" he just squints at her and says "yeah" in a calm, satisfied tone.
- David blatantly checks out women's bodies, and if they comment on it, just says "Hold on, I'm not finished"

- ©2005 All Rights Reserved - Double Your Dating "Sexual Communication" With David DeAngelo

- Most guys try to CONVINCE a woman to feel attracted to them with compliments, or gifts, etc., or HOPE that it will happen if they are just "nice guys " But this can never work.
- What they don't understand is the difference between ATTRACTION and "affection." Attraction isn't a choice, and it happens quickly or not at all. If you wait, go on dates, etc., affection may develop, but never attraction. Affection brings friendship, attraction brings passion.
- Basically, Inner sexuality is protected by the persona. You must learn to communicate directly through to it. Once you know how, you can make a woman feel sexual attraction very rapidly. No gifts, dinners, or compliments required.
- I believe that men are all born with the ability to communicate on this level and to trigger sexual attraction inside a woman. A variety of sources, including our culture, religion, etc., have buried this natural ability, or never allowed it to develop. or maybe we just never realized that it was there in the first place.
- The goal of this program is to help you understand and develop that naturally "sexually magnetic" part of yourself that's always been there.
- To explain why I believe in this ability even though it's hidden, let's briefly look into human biology, sexuality, and evolution.

- Men and women have evolved fascinating sexual differences over the last several hundred million years. Though these differences are hidden in our sub-consciousness, they still greatly affect everything we do.
- We produce 500 million sperm but less than 1% are egg fertilizers—the rest are warrior-sperm *designed to fight off other men's sperm!*
- Why have we developed this competitive system?
- Because even though we think of them as the monogamous sex, WOMEN CHEAT.
- Worldwide, ten percent of us humans have a different father than they think they do. In some places it's twice that
- Amazingly, women are biologically encouraged to cheat. A woman's sexual desire peaks at ovulation, and those in affairs tend to have sex with their lover but not their legitimate partner at this most fertile time
- Furthermore, women are much more likely to have an orgasm—which makes her much more likely to get pregnant—with their lovers than their "relationship partners".
- These discoveries reveal a shocking drive in women. Though this behavior is consciously rationalized, there's no denying the biological impulses at work behind the scenes.

- ©2005 All Rights Reserved. – Double Your Dating "Sexual Communication" With David DeAngelo

Seminar Slides

Disc One



The 4-Step Process Of Sexual Communication

- When it comes to attraction, many rules of communication are reversed and turned on their heads. If it doesn't work the way you think it does, just clear your existing beliefs and start fresh.
- I'm about to reveal the actual stages of sexual communication, and we'll go into each step in detail over the course of this book.
- For now, here's the 4-step process of sexual communication:
 1. Sparking attraction or chemistry
 2. Building sexual tension
 3. Amplifying the attraction
 4. Physically advancing



Exercise: The Power Of Belief

- If you believe things are one way, then you'll use everything that you learn to prove yourself right, rather than seeing a new way. I'd like you to start realizing that there is another language being spoken all around you. This is the language of Sexual Communication. If you learn to speak this language, you'll begin making women feel a powerful sexual attraction for you.
- So let's do an exercise on "Identifying Limiting Beliefs."
- List ten of your beliefs about your ability to sexually attract women.
- Think about where those beliefs came from, how they first started.
- For each belief, come up with a real or hypothetical situation where the belief is not true, and use it to doubt the belief.
- Now list the new beliefs you'd like to replace the old ones.
- Come up with 10 present tense, positive statements about your new beliefs.
- Write those 10 affirmations every day for the next 30 days, and imagine the kinds of success that will flow from them as you believe them more and more.



©2005 All Rights Reserved. - Double Your Dating "Sexual Communication" With David DeAngelo

- In the last section, I mentioned that there is a specific sequence to Sexual Communication. Let's review that, and get a little more detailed with it.
- Sparking attraction or chemistry (Flirting, openers, starting with cheeky, sassy humor)
- Building sexual tension (Cocky and Funny, arrogance)
- Amplifying the attraction (Two steps forward, one back . leaving the house immediately)
- Physically advancing (Smelling, kissing, etc.)
- In this section, we're going to focus on those things you need to have in order to present yourself in a way that NATURALLY SPARKS ATTRACTION, and also talk about some of the rules of thumb for Sexual Communication.
- Let me ask you. . Do women make decisions about a man's "masculinity" "confidence" "sexual awareness" etc. consciously or unconsciously? Do they make these decisions slowly, over time or instantly?
- They make them quickly and unconsciously. A woman doesn't choose to feel these attributes; she just senses they're there or they're not there.
- Another question: What CUES do women look for on an unconscious level to figure out whether a man is sexually aware and confident or not? How can you project these cues so that women feel ATTRACTION for you and Sexual Tension around you?

- I'd like to talk about cultivating "traditionally masculine qualities." Women have powerful gut level emotional responses to extremely masculine qualities in men. It may be an over-used saying but "BE A MAN" is still generally good advice when it comes to attracting women.
- If I had to sum it up, I'd say that women are attracted to the qualities of the LEADER. The Leader doesn't look to others for approval, and instead does what he decides is the right thing moving forward without signs of fear, self-doubt, or cowardice. He lives in his own world, his own reality, and he doesn't let outside events emotionally destabilize him. He holds and carries himself in a naturally confident way, and he projects AUTHORITY in everything he does and says.



- Never give a woman a direct answer, unless it's no.
- Answer questions with questions that implicate her or get her to commit to something.
- If she complains or doesn't like something, turn it up and give it back.
- Never give a woman exactly what she asks for.
- Always send mixed signals.
- Use "Let's be friends."
- Be unpredictable. Keep mixing it up and changing your patterns.
- Be distinctive/Don't be boring.
- Send mixed messages.

- Take two steps forward, then one step back.
- Never let the line go slack—always keep some tension.
- It's like playing poker, always raise and call her bluff.
- When you're in a Cocky & Funny 'role' that works, stick with it!
- Lead and move forward confidently!
- Never act apologetic, insecure, try to get approval, or like you're trying to impress.
- Don't be a WUSSY.

Seminar Slides



Disc Three



Seminar Notes (

It's All About Emotions



- Now, take a moment and think about what that passage said. She's talking about an emotion. You can only describe an emotion with words.... But imagine the feeling behind the words "He is someone who sets off throbbing sexual and aggressive passions within you." **HE SETS OFF THROBBING SEXUAL PASSIONS**
- Not "he convinces you to feel" or "buys you dinner until you like him." We're talking about **SETTING OFF THROBBING SEXUAL PASSIONS HERE!** And this isn't because he's handsome. It's because the **BAD BOY IS DOING SOMETHING DIFFERENT.** He's communicating in a different way. and we're going to talk about what that way is.
- There's no doubt that "bad boys" attract women. But most "bad boys" also have a dark side. They're abusive. But attractive doesn't have to be abusive. I believe you can take what bad boys do to set off amazing throbbing sexual passions inside women **BUT LEAVE THE ABUSE BEHIND.**
- So let's talk about this special type of communication, and how **YOU** can use it to attract women. What I'm about to share is based on years of my personal time, research, and experimentation. This is powerful stuff that I had to figure out in the real world.

A Quick Review To Set This Up

- Sexual Communication is a very different language.. a **VERY** different language like the difference between English and binary computer code.
- This language must be sparked from the very beginning and set as the "frame" for the rest of the relationship. If you don't start speaking it right from the beginning, women won't speak it either.
- **ATTRACTION ISN'T A CHOICE..** so you can't **CONVINCE** a woman to feel the emotion of attraction for you. it happens outside of the conscious choice process.
- Just remember the four steps of the process of Sexual Communication:
 1. Sparking attraction or chemistry (flirting, openers, starting with cheeky, sassy humor)
 2. Building sexual tension (Cocky and Funny, arrogance)
 3. Amplifying the attraction (two steps forward, one back .. leaving house immediately)
 4. Physically advancing (smelling, kissing, etc.)

Seminar Slides

Disc Three

Seminar Notes



You Must Spark Chemistry First

- The chemistry has to be SPARKED initially. If you're not an unusually attractive man, then **YOU'RE GOING TO HAVE TO BE THE ONE TO DO IT**. You're going to have to do pro-active things **EVERY** time you start talking to a new woman to **SPARK** the chemistry.
- Once you get this at a deep level and start to do it, you'll see something magical start to happen .. women will start responding to you in the most wonderful ways. They'll start flirting back, and you'll see that you have the power to frame and set up your relationships with women correctly **RIGHT FROM THE BEGINNING**. Instead of being seen as the nice friendly friend, you can **POSITION** yourself as someone who makes her feel **ATTRACTION**.
- I'm about to talk about a couple of different concepts, and how to use them to spark and amplify attraction. These concepts are **FLIRTING** and being **COCKY & FUNNY**. Flirting and being Cocky & Funny can be one and the same, but I'm going to explain them separately, so you can understand how they work together.



Flirting

- First I want to talk about the concept of "flirting" and why it's **SO** important that you understand exactly what it is and how to do it with women.
- To begin with, women know what flirting is, and they respond **VERY** differently to flirtatious communication than they do to typical social communication.
- Again, if you understand flirting and sexual tension, you can begin conversations with women and have them **INSTANTLY** feeling **ATTRACTION** for you.
- If you **DON'T** understand how flirting and sexual tension work, then you're either going to have to become famous or make a **LOT** of money to be successful with women.
- I'm going to suggest that you learn how to flirt well, then do it **RIGHT FROM THE BEGINNING** in your interactions with women to **SET THE RIGHT TONE**.





- ©2005 All Rights Reserved. - Double Your Dating "Sexual Communication" With David DeAngelo

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Seminar Slides



Disc Three



Seminar Notes

Other Ideas For First Conversation



- This turns a disadvantage completely around into an advantage for me.
- YOU HAVE TO COMMUNICATE THAT YOU'RE THE ONE WHO'S MAKING THE EXCEPTION! Or, if you want to really give her a hard time, you could make her laugh and have fun with her, then say "Well, it's really too bad you're so tall..." then give her a hard time and mention how if she were only a few inches shorter you'd ask her out. Are you with me?
- Don't imagine limitations for yourself, and don't let her limitations be yours. Remember that this can be used in ANY situation where you think that a woman has a certain "type" that she's attracted to and turn it around into a Cocky & Funny, charming dialogue.

Here's A Paradox:

- Can attraction arise from conflict or confrontation?
- Yes. In fact, confrontation can rapidly accelerate attraction when done right. Cocky and funny, teasing, busting on, etc. is minor conflict, and it gets RIGHT TO THE POINT. It passes tests quickly, because if you're willing to risk rejection so soon, you must be the "real deal." This means that you have to become comfortable with light confrontation and conflict!
- It's ok.
- Light conflict is no big deal. Just because a woman happens to be attractive is no reason to be afraid of her taking you the wrong way. When someone you've just met gets upset with you, just remember the child's reply: "sticks and stones may break my bones, but words will never hurt me."
- A great model for attractive confrontation is to watch the new James Bond movie DIE ANOTHER DAY and watch his attitude, body language, and Cocky & Funny lines laden with sexual innuendo.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

1

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal black lines running across the width of the page. The lines are thin and consistent in thickness. There are no margins, text, or other markings present on the paper.

Seminar Slides

Disc Three

Seminar Notes

Dashes Of Romantic Spice

- A woman actually gets a tangible sense off of men who're aware of these deeper levels of Sexual Communication AND who also sprinkle traditional "romantic," "chivalrous," or "gentlemanly" traits into the mix too.
- When a woman detects a man who really "gets it" and finds him attractive even when he isn't interested in her.
- When you open a door for a woman, walk on the outside of the curb, order her food, choose a bottle of wine, or any of 100 other actions of this nature, it can powerfully AMPLIFY the interaction.
- Just make sure you don't do these things WITHOUT using also using the context of Sexual Communication. Use them as spice, not the main dish.
- Now let's talk about some of the physical aspects of Sexual Communication.. meaning the kissing, touching, and even sex.



Men Take The Risks

- Have you ever been sitting and talking to a woman, wanted to kiss her, but then been unable to do so because you didn't know how to go about it?
- Have you ever not progressed further than kissing because you were worried that being more sexual might offend her and screw it all up? Has the risk of rejection ever stopped you from even trying to be sexually aggressive?
- Have you ever been making out with a woman only to have her stop at some point and say "I think we should wait," or "this is too fast," "I like to take it slowly," etc.
- I think most of us have been in these situations
- Men are expected to lead the way through the entire series of physical steps: holding her hand, kissing her, rubbing her body, etc. This also means the man has to take every risk along the entire advancement to sex--which, perversely, gives the woman the power to REJECT him at any point along the way.
- The man is fully at risk, and if he screws up he doesn't just get a setback, he loses all chances forever. At least this is the way it seems to most.

Seminar Slides





Disc Three

Seminar Notes (



Anticipation

- Study how to make women feel good! Creating total confidence that she's going to feel amazing will lead you both forward. All your behavior, and everything you communicate through it, must show a sexually aware, confident man who's going to make her feel incredible.
- Wanting to be liked can be an actor's biggest problem because it distracts them from doing what they really need to do in order to play their role properly. Same with men.
- You need to be able to control yourself and do what you know is right, even in the face of uncertainty and emotional turmoil. Don't try to be liked. just turn her on!

Two Steps Forward, One Step Back

- THIS IS THE MOST IMPORTANT KEY TO AMPLIFYING ATTRACTION AND SEXUAL AROUSAL WITH WOMEN.
- Start early! The setup for powerful physical electricity that leads to passionate kissing and sex can begin right away, and is affected by even seemingly insignificant things. For instance, if she comes to your house, then leaving the house quickly sets up a magnetic curiosity and comfort she'll want to explore later.
- Likewise, not taking advantage of more than just a kiss if you can, creating ANTICIPATION by making suggestions but then not doing them... making her think about it until it happens unexpectedly and she can be swept away by it.
- Another is stopping things, especially when you couldn't do anything about it anyway.






- ©2005 All Rights Reserved. - Double Your Dating "Sexual Communication" With David DeAngelo

Seminar Slides



Disc Three



Seminar Notes

Sample Physical Progression



- Touch her breasts through her clothes, and gently pinch her nipples.
- If she's very turned on, run your hand from her upper leg up to her crotch as you're kissing her and rub her there for just a moment and make a deep "Mmmm" sound. If she enjoys this, then stop it and just kiss, smell, and make out for awhile.
- Reach down, and unbutton her top pants button, and put your fingers down the front of her panties... Touch her down there, and then put your finger in both of your mouths as you're kissing.
- If she enjoys this, then take off her pants, and have sex. Tease her with your mouth or sexual tool. Keep building anticipation, all the way to the end.
- You can naturally transition to all positions now, because you tried and tested them while kissing her.
- Always use protection and take safe sex precautions!
- After, if you really want to make the experience wonderful, feed her some chilled fruit like strawberries, share a bath, etc.

Resistance and PERSISTENCE! No, No, No... YES!

- A woman's resistance is often more about her wanting a different pace than the man. Most men don't realize that women enjoy the anticipation and literally fantasize about finding a man who knows how to take things slow... and takes the time to get her aroused.
- Persistence – nothing forceful or pushy of course – builds anticipation for the next level. Enough anticipation eventually generates enough desire for the next level to allow her to lead you there herself...

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

Contact Information

Ben

ben@modernmagics.com

<http://www.modernmagics.com>

Patty

patty@sensualitysecrets.com

<http://www.sensualitysecrets.com>

Tyler

advice@realsocialdynamics.com

<http://www.realsocialdynamics.com>

